

Our Beneficiaries



Founded in 2005 in response to the Indian Ocean Tsunami, **World Bicycle Relief** is a not-for-profit organization specializing in large-scale programs dedicated to providing bicycles to increase independence and livelihood. Compared to walking, bicycles represent an enormous increase in productivity and access to healthcare, education, and economic development opportunities.

www.worldbicyclerelief.org



HEAL Africa is based in Goma, Democratic Republic of Congo, a devastated region of central Africa, where war has claimed over six million lives in the past fifteen years. Formed in 1996, HEAL Africa is a not-for-profit organization whose mission is to provide holistic care for the Congolese people through developing medical, social, and economic initiatives, such as training health professionals, strengthening social activists, and providing physical, spiritual and social healing.

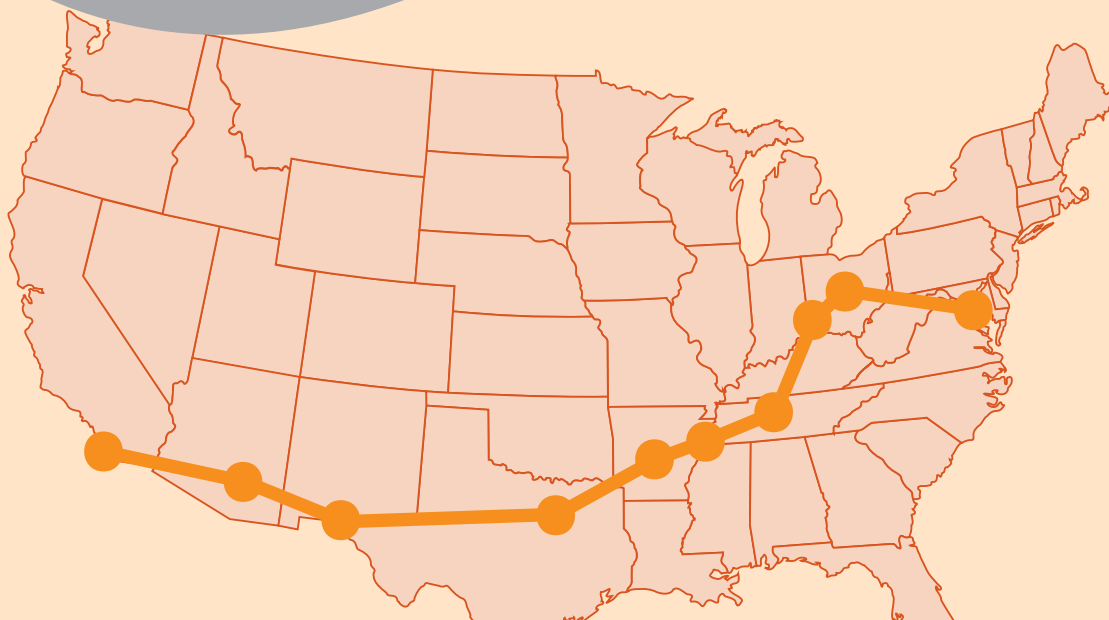
www.healafrika.org

Our Sponsors



Ride for World Health

*A journey across the nation...
to meet needs across the world.*



Ride for World Health



A journey across the nation to meet needs across the world.

April - May 2010

Ride for World Health (R4WH) is a 501(c)(3) not-for-profit organization founded in November 2004 by a small group of medical students with a shared interest in global health. They were concerned about the disparity of resources affecting access to healthcare and wanted to take a proactive role in creating change. R4WH completed the first cross-country cycling trip and "Coast-to-Coast Lecture Series" in the spring of 2006.

The mission of R4WH is to address global health disparities by focusing on education, advocacy, and fundraising. This is accomplished by utilizing a national cycling event as a vehicle for change. Each year our "Coast-to-Coast Lecture Series" initiates meaningful dialogue throughout communities along our 3,300 mile journey. Through our efforts, we raise significant funds to be donated to not-for-profit organizations with goals consistent with our vision and empower our audience to become informed, active global citizens.

Education and advocacy are fundamental to the mission of R4WH. However, alone these are insufficient to generate the change we hope to see in the world. Donor money drives global health efforts. This year, we are proud to support two organizations, **World Bicycle Relief** and **HEAL Africa**, as our beneficiaries.



With Stops In:
San Diego, CA
Tucson, AZ
El Paso, TX
Fort Worth, TX
Little Rock, AR
Memphis, TN
Nashville, TN
Cincinnati, OH
Columbus, OH
Washington, DC

Why should you help?

- Over 2 million children across the world die each year because they lack proper immunizations.
- Nearly three quarters of all neonatal deaths could be prevented if women were adequately nourished and received appropriate care during pregnancy, childbirth, and the postnatal period.
- The average distance women in Africa and Asia walk to collect water is 3.7 miles. The weight of water these women carry on their heads is 44 lbs, the equivalent of over 5 gallons of milk.
- Approximately 46 million Americans are without health insurance; that's 13 million more than the entire population of Canada.

How can you help?

- Donate to Ride for World Health
- Sponsor a rider
- Join a Solidarity Ride
- Host our riders or an event along our route
- Take action in your neighborhood by volunteering
- Cheer on our riders as we bike through your town!
- Attend our events to learn more about healthcare

Ride for World Health
P.O. Box 8234
Columbus, OH 43201

Please make checks payable to "Ride for World Health"
Ride for World Health is a 501(c)(3) non-profit organization.
All contributions are tax-deductible in the U.S.

Learn more at
www.rideforworldhealth.org